

CORONAVIRUS COVID-19

RESUMPTION OF OUTDOOR SPORTS ACTIVITIES

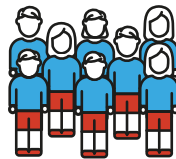
RULES AND RECOMMENDATIONS FOR ALL OUTDOOR SPORTS ACTIVITIES

The barrier gestures, the recommendations as well as the restrictions currently in force and published by the government must be respected, best practices need to be adopted.



Outdoor sports activities without physical contact, non-competitive and without audience.

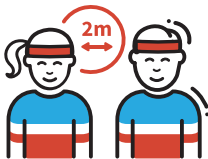
max. 20 people



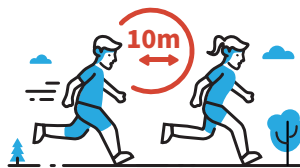
Outdoor gathering in a public place for a maximum number of twenty people, in strict compliance with sanitary conditions.



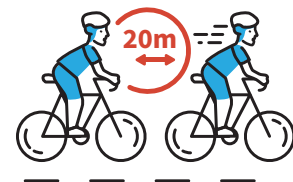
Closing of showers and changing rooms.



Always keep a minimum distance of 2 m between two athletes.



Avoid running in the wake.



Avoid riding in the wake.

WEAR A MASK



Compulsory for athletes (except during training).



Compulsory for accompanying persons (coaches and others).

SPORTS EQUIPMENT



Must remain strictly personal and may not be used by more than one person.



Must be disinfected before and after each use.



Regular hand washing with soap, hand disinfection before and after any training session.



Athletes must bring their own bottle of water.